



Heart Failure Group Education Class Veteran Information Sheet

- WHO:** This class is for Veterans with heart failure. A guest may attend class with you.
- WHAT:** Find out what heart failure means and how to manage it well.
- WHEN:** The 2nd and 4th Wednesdays of each month (10:30 – 11:30am).

CLASS DESCRIPTION:

2nd Wednesday of the month topics:

What is Heart Failure?
Medications

4th Wednesday of the month topics:

Nutrition
Physical Therapy & Activity

IF MULTIPLE CLASSES, MAY THEY BE ATTENDED OUT OF ORDER:

Yes

WHERE:

Patient Education Room #1-2315 (2nd floor, Main Building of Aleda E. Lutz VAMC)
Available via Clinical Video Telehealth (CVT) for all Community Based Outpatient Clinics (CBOCs).

WILL VETERAN GET TRAVEL PAY?

Yes – if eligible

HOW CAN A VETERAN JOIN THIS CLASS?

Speak with your Primary Care Provider or a staff member on your Primary Care Team to let them know you are interested.