

**VA**U.S. Department  
of Veterans Affairs

# News Release

Aleda E. Lutz VA Medical Center  
1500 Weiss Street  
Saginaw, MI 48602

FOR IMMEDIATE RELEASE

**June 15, 2016**Contact: Carrie Seward, Public  
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## **Aleda E. Lutz VA Medical Center Offers Many Services to Help Veterans with Post-Traumatic Stress Disorder (PTSD)**

June is Post Traumatic Stress Disorder (PTSD) Awareness Month and the Aleda E. Lutz Veterans Affairs Medical Center (VAMC) has a message for Veterans who may be suffering with PTSD. Please seek out the care and services you have earned for PTSD. It is vitally important for you, your family, and those who surround you, that you are getting the help you need to improve your quality of life. You should not have to face PTSD on your own; we are here to help.

The VA Medical Center at 1500 Weiss Street, along with the VA Healthcare Annex at 4241 Barnard in Saginaw provide a number of treatment programs to Veterans by skilled and professional psychiatrists, psychologists, and social workers. Services are also provided in our nine Community Based Outpatient Clinics in Alpena, Bad Axe, Cadillac, Cheboygan County, Clare, Gaylord, Grayling, Oscoda, and Traverse City. It is easy to engage in services for PTSD by having a conversation with the Primary Care Patient Aligned Care Teams or other providers within the VA for a consultation to seek PTSD assessment and treatment.

The Aleda E. Lutz VAMC in Saginaw, Michigan operates an 81-bed skilled nursing and rehabilitation Community Living Center, with an additional 8-bed acute medicine and telemetry wing. It provides care to over 34,700 Veterans in a 35-county geographic area, from mid-Michigan to the Mackinac Bridge. Veterans also receive care at one of our nine VA Community Based Outpatient Clinics located throughout Michigan. More information about this VA can be found at [www.saginaw.va.gov](http://www.saginaw.va.gov).

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### **Attention Reporters, Editors, and Broadcast Staff:**

Additional Information to include Public Service Announcements can be accessed at the following link if you would consider utilizing additional information in this format. Thank you!!!

<http://www.ptsd.va.gov/about/press-room/press-room-ncptsd.asp>

