



VA



U.S. Department of Veterans Affairs
Veterans Health Administration
Office of Public Health

5th annual **VA2K Walk & Roll**

MAY 20, 2015 | JOIN IN. GET FIT. HELP VETS.

I WALK + ROLL BECAUSE ICARE ABOUT MY HEALTH AND OUR VETERANS HEALTH



**Walk & Roll and Health Fair
for Veterans and those who care for
them!**

Walk Times Are:
11:30 a.m.
Noon
12:30 a.m.
At The Pavilion

Special thank you to the Veteran Canteen
Services for their ongoing support!!

Date: May 20, 2015 at Pavilion

Join us to support Homeless Veterans

Aleda E. Lutz VA Medical Center

1500 Weiss, Saginaw

Suggested donations for homeless Veterans:

- Toilet paper
- Dishwashing soap
- Laundry soap
- Dryer sheets
- Personal hygiene items (bath soap, razors, shampoo, tooth brushes/toothpaste, combs)
- Towels
- Washcloths
- Household cleaning supplies (cleaners, brooms, mops, etc.)
- Socks
- Sleeping bags (new or clean used)
- Paper towels
- Kleenex

**Donations collected in the front
lobby and at check in.**

Time: 10am-2pm