



Women's Health Fair: For Women and Those Who Love Them

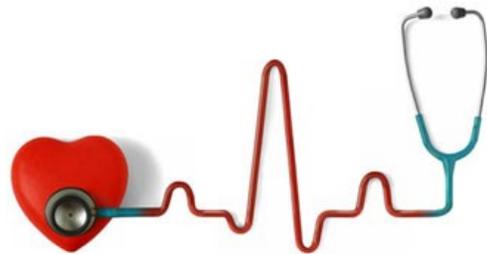
February 6, 2015

10:00 a.m.—2:00 p.m.

Medical Center Auditorium

4:30 p.m. Special BBR Workout

Also In the Auditorium



The focus of this Health Fair is to support cardiovascular (heart) health, as well as to “Strive for a Healthy Weight.”

Information at the fair will include:

- ⇒ Smoking Cessation
- ⇒ Blood Pressure Screening
- ⇒ Making Better Food Choices
- ⇒ Safely Starting an Exercise Program

And much more...

