

VA



U.S. Department
of Veterans Affairs

News Release

FOR IMMEDIATE RELEASE

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Aleda E. Lutz VA Medical Center
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Saginaw, MI 48602

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We invite any media interested in interviewing our VA staff to learn more about care and services to contact our Public Affairs Officer at 989-497-2500, extension 13020 or e-mail tara.scheuer@va.gov

Aleda E. Lutz VA Hosts 10th Annual VA2K Walk and Roll Virtual Event

The Aleda E. Lutz VA Medical Center is excited to announce our 10th Annual VA2K Walk and Roll event. This year's virtual event will begin July 2, 2020 and run through July 9, 2020. We invite VA employees, Veterans, and community members to engage in physical activity to help support homeless Veterans and active lifestyles.

Due to the event being held virtually this year, physical activity can be completed at any location, at any time, during the dates of the event. The 2K walk equals 1.24 and takes approximately 12 minutes for the average person to complete. Participants can log their activity and upload photos or videos by clicking on the VA2K logo at the Saginaw VA Internet Page: <https://www.saginaw.va.gov/>.

We are asking for donations such as gift cards, cleaning supplies, paper products, and laundry supplies which may be dropped off at your local VA. You may also submit an e-donation on the VA Internet Page <https://www.saginaw.va.gov/> and click on the VA2K logo or directly at this link <https://www.saginaw.va.gov/giving/index.asp>.

We look forward to your participation in the 10th Annual VA2K Walk and Roll Event to support homeless Veterans and promote healthy lifestyles! If you have any questions, you may contact Carly Huffman at 989-497-2500, extension 11694.

The Aleda E. Lutz VAMC in Saginaw, Michigan operates an 81-bed skilled nursing and rehabilitation Community Living Center. It provides care to over 37,400 Veterans in a 35-county geographic area, from mid-Michigan to the Mackinac Bridge. Veterans also receive care at one of our nine VA Community Based Outpatient Clinics located throughout Michigan. More information about this VA can be found at www.saginaw.va.gov.

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